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## Revolutionary laser treatment now available in Malta

Thursday, 21 Oct 2010, 14:01



Last Friday, Professor Pier Francesco Parra launched the FP3 system, accordingly a "revolutionary laser treatment" with a "97% success rate when treating soft tissue injuries and other pathologies".

The event was held in collaboration with the President and the Administrative committee of the Malta Association of Physiotherapists at the Radisson Blu Resort and Spa, Golden Sands.

"This is a high power laser therapy" Professor Parra explained. "It goes deep under the tissues to treat lesions and uses two functions – anti-inflammatory and most importantly, bio-stimulating – to accelerate the repair of the tissue, muscle or bone cells."

Regarding the healing process, he said it would be three times faster than nature and in some cases would have even helped patients avoid surgery altogether. He adds, the laser treatment could be used to treat persons of all ages and be applied to a number of different pathologies.

Parra, a Maltese Professor, is extensively researching laser technology since 1988 after discovering that it could be used very effectively for therapy.

The "Neodimio-YAG defocalizzato" was the first machine developed. Although it gave good results its weight and size made it impractical to use. Therefore, Professor Parra was called for improvements. Today the technology has been widely used with excellent results across the world, he assures.

"If you use the laser like a knife you can cut, vaporize and coagulate the tissues", he said. "But if you defocus it, you can do treatment without cutting the skin and with the right modifications, go deep in the tissues. You can use it because the water in the body stops the laser. There is no pain in the treatment and it is extremely fast and effective due to its high power and multi-frequency."

The launch presentation was chaired by Mr. John Xerri de Caro, President of the Malta Association of Physiotherapists. The speakers on the panel included Professor Pier Francesco Parra and local Physiotherapist who has been trained to use the laser, Mr. Alan Zammit. Mr. Zammit presented a short paper on his experience using the defocused laser in Malta over the past six months and highlighted its unique benefits.

Professor Angelo Giglio, Vice President of the Italian Federation of Sports medicine also gave a presentation explaining the extensive use of the defocused laser in the sports world in Italy and in particular in the field of professional tennis. Also international marathon runner Laura Fogli and local ex national goalkeeper Ernest Barry spoke about their experience in being treated with the defocused laser and the effects of the treatment on them.

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So, the laser treatment has been used to heal top sports professionals to mention a few: top tennis players Rafael Nadal (pictured above) during the 2007 US Open, Roger Federer, Maria Sharapova and Djouic, footballers Del Piero, Vialli, Ravanelli and Ferrara from the Juventus team. The great Italian skier Alberto Tomba was also a patient of Professor Parra throughout his 12-year career and more recently top skier Francesca Schiavone. Since 1997 Professor Parra has treated more than a 1000 athletes and thousands of individuals who have benefited from the strong healing power of the defocused laser treatment.

The laser treatment is now available in Malta and is being administered by Alan Zammit. For further information and inquiries contact Mr. Zammit on: 99459494 or 23462347.

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