

THE TIMES

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The healing power of laser



A revolutionary laser treatment claimed to have a 97 per cent success rate in treating soft tissue injuries has been unveiled in Malta by its inventor.

The high power laser therapy, Doctor Laser, goes deep beneath the tissues to treat lesions and uses two functions – anti-inflammatory and bio-stimulating – to accelerate the repair of the tissue, muscle or bone cells.

It speeds up the healing process to almost three times as fast as nature and in some cases has helped patients avoid surgery altogether. The treatment can be used to treat persons of all ages and can be applied to a number of different pathologies.

Pier Francesco Parra, who gave a presentation at the launch held at the Radisson Blu Resort and Spa, Golden Sands, in collaboration with the Malta Association of Physiotherapists, began his extensive research on laser technology in 1988 after discovering it could be used effectively for therapy.

Prof. Parra, who has Maltese roots and holds Maltese citizenship, said the technology had been widely used with excellent results across the world.

“If you use the laser like a knife you can cut, vaporise and coagulate the tissues, but if you defocus it, you can do treatment without cutting the skin and with the right modifications, go deep in the tissues,” he said.

“You can use it because the water in the body stops the laser. There is no pain in the treatment and it is extremely fast and effective due to its high power and multi frequency,” he told leading physiotherapists, consultants, doctors, and sports coaches who gathered to hear about this treatment.

Prof. Parra said the treatment had been used to heal top sports professionals, among them top tennis players Raffael Nadal and Roger Federer, and footballers Alessandro Del Piero and Gianluca Vialli from the Juventus team.

The legendary Italian skier Alberto Tomba was also a patient of Prof. Parra throughout his 12-year career and more recently top skier Francesca Schiavone.

Since 1997 Prof. Parra has treated more than 1,000 athletes and thousands of individuals who have benefitted from the strong healing power of the defocused laser treatment.

The laser treatment is now available in Malta and is being administered by physiotherapist Alan Zammit. For information call Mr Zammit on 2346 2347.

www.pierfrancescoparra.com

3 Comments

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Monica Muscat

Oct 21st 2010, 10:43

Fortunately, for my sister, we already had the opportunity to experience the use of this type of laser. Only yesterday we had an appointment with Alan Zammit who, in a few minutes diagnosed a problem which the other doctors in physiotherapists had not done. We treated my sister and she felt better right away. We expected a lengthy treatment but were told that just another visit will solve the problem.

I too think that the government should give a thought or two to introducing this treatment. I am sure that it will save much useless paid and avoid the use and expenditure on pills, creams and ointments.

Monica Muscat

Joseph Schembri

Oct 20th 2010, 13:50

Are there published scientific studies that back up these claims?

C Borg

Oct 20th 2010, 12:06

I hope the Public Hospital has these or is looking into purchasing them. It might reduce all the drugs prescribed, anastesia administered and many operations.

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